

IN THE UNITED STATES DISTRICT COURT
MIDDLE DISTRICT OF ALABAMA
NORTHERN DIVISION

UNITED STATES OF AMERICA)

v)

HOWARD PAUL BEST, III)

CR. NO. 2:06cr67-WHA

WAIVER OF SPEEDY TRIAL ACT RIGHTS

I, Howard Paul Best, III, defendant in the above styled case, do hereby waive my rights to a speedy trial as established in 18 U.S.C. § 3161 et seq. I certify to the court that I am waiving these rights knowingly, voluntarily, and intelligently after receiving a full and complete explanation of my rights given to me by my attorney and,

**WITH FULL KNOWLEDGE OF MY RIGHTS, I HEREBY EXPRESSLY
WAIVE MY RIGHTS TO A SPEEDY TRIAL.**

March 15, 2006

DATE

Howard P. Best III
DEFENDANT

Anthony J. Joseph
ATTORNEY FOR DEFENDANT